

Be Kind

My cloud is always talking to me but I don't have to listen to it.

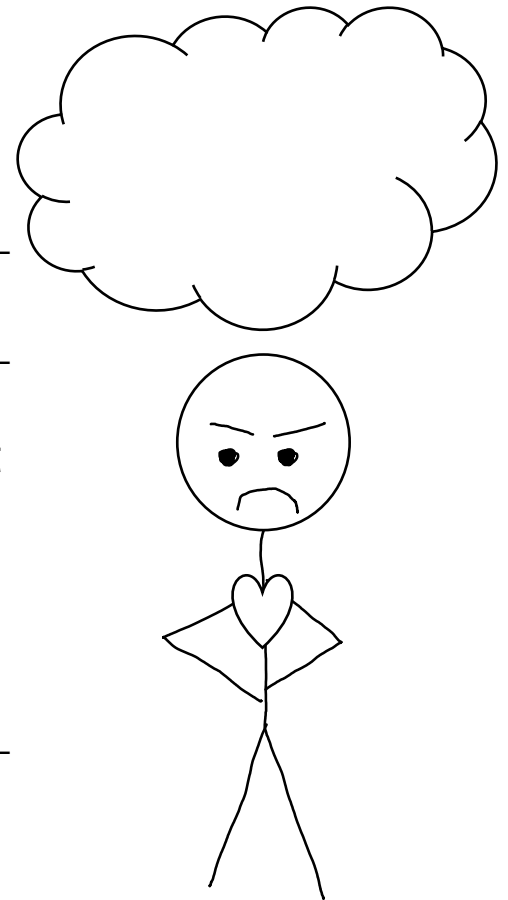
Every moment of my day involves a choice:

- How will I speak?
- How will I act?
- How will I treat others?

Am I going to let my cloud be my leader or let my sun be my leader?

Sometimes my cloud puts someone else down. It might say:

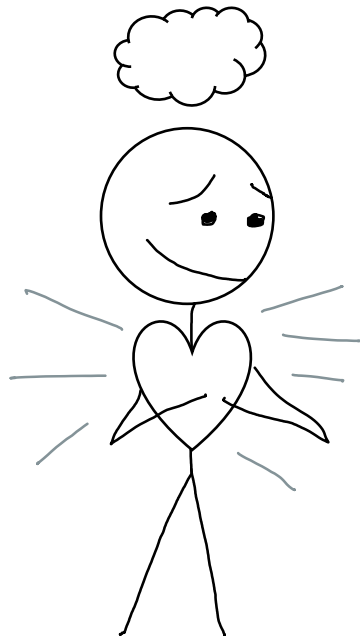
If I believe this thought then how might I treat the person?



My cloud is just scared and needs love.

What could my sun say to my cloud so its love helps my cloud's fear? Remember: the sun is like a loving parent.

If I listen to my sun, then how might I treat the person?



Then how would I feel?

How would they feel?



The more I see someone else's sun in them, the more it will grow!

