i allow all my emotions to be here.

My rainbow of feelings that bursts from my sun is made up of many colours.

Colour and write a feeling word in each rainbow beam below:

Pink is excited

My sun is always
here for me, giving
me LOVE and
allowing each
feeling to bubble up
and be felt.

grey is scared.

red is mad.

Vollow is happy.

To try to feel only happy all the time is impossible because there are so many other colours to a rainbow!

